

**Diane K. Schmidt Counseling Services**  
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## **State of Kansas Physician Consult**

**I understand that when I describe symptoms that may be consistent with a mental disorder, these symptoms can have medical or biological origins and that my therapist must consult with my physician, unless I waive this requirement.**

**No, I do not want my therapist to contact my physician and I waive this requirement. (Please sign below.)**

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**

**Yes, I request that my therapist consult with my physician regarding my mental health. (Please sign below.)**

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**

**Physician's Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_